





## THE POWER OF WE Zone I Sisterhood Conference

HOSTED BY

ANTOINETTE MAROUSIS-ZACHARIADES, GT & MARIANNE BOUTSIOULIS, GGZI

MARCH 17, 2023

GATHERING AT THE HOME OF

MARIANNE BOUTSIOULIS, GGZI

671 CORTLAND CIRCLE, CHESHIRE, CT 06410
7PM

**MARCH 18, 2023** 

DAUGHTERS OF PENELOPE ZONE I CONFERENCE 9AM TO 3PM

HOLY TRINITY GREEK ORTHODOX CHURCH BANQUET HALL 937 CHASE PKWY WATERBURY, CT 06708

CONTINENTAL BREAKFAST 9AM-10:00AM

LUNCH

12:30PM-1:30PM

THE SPIRIT OF PENELOPE AWARD HONORING KATERINA MOUNTANOS

Founder & CEO of Kosterina

This award is given to women who exemplify dignity, perseverance, and creativity. Women who use their talents and resources to empower themselves as well as those around them. Through their accomplishments, they inspire women of all ages.

#### **HOTEL & BOOKING INFORMATION**

HOTEL: HAMPTON INN WATERBURY

GROUP NAME: MARIANNE CHURCH GROUP BLOCK

ARRIVAL DATE: 3/17/2023
DEPARTURE DATE: 3/19/2023
CUT-OFF DATE: 2/17/2023

THE HAMPTON INN WATERBURY IS NEXT TO THE CHURCH & WITHIN WALKING DISTANCE

GUESTS CAN ALSO BOOK RESERVATIONS BY CALLING THE HILTON RESERVATIONS TOLL-FREE NUMBER AT 1-800-HILTONS. MENTION THE MARIANNE CHURCH GROUP BLOCK OR THE UNIQUE CODE: MCB TO RECEIVE YOUR GROUP RATE.

Room Rate is \$133 per night plus taxes



CLICK HERE TO BOOK
YOUR HOTEL ROOM





## THE POWER OF WE Zone I Sisterhood Conference

MARCH 18, 2023

WATERBURY, CT

ALL SISTERS FROM
DISTRICT 3, 4, 5, 6, 7, 8, & 9
ARE WELCOMED TO ATTEND

QUESTIONS PLEASE CONTACT:

ANTOINETTE MAROUSIS-ZACHARIADES, GT

AMAROUSIS@GMAIL.COM

MOBILE: 732-539-4837

ol

MARIANNE BOUTSIOULIS, GGZI BOUTSIE5@COX.NET MOBILE: 203-525-8171

REGISTRATION FEE: DOP \$40 | MOA \$30

CHECKS PAYABLE TO: DOP CHAPTER 199

MAIL TO:

MARIANNE BOUTSIOULIS, GGZI

671 CORTLAND CIRCLE, CHESHIRE, CT 06410



ISTRICT #:	CHAPTER NAME, NO, & CITY:		CIRCLE ONE: DOP OR MOA
ITY:		STATE:	ZIP CODE:
DDRESS:			
AME:			



# An olive oil love story

Hi! I'm Katerina Mountanos. I'm a serial entrepreneur with a passion for family, living a healthy lifestyle, and, of course, all things Greek.

In 2020, I started Kosterina with input and inspiration from my husband, Kostas (who put's the "Kos" in Kosterina), after years of enjoying EVOO pressed from our families' olive trees in Southern Greece. We could never find a proper substitute here in the States for the fresh, delicious Greek EVOO we knew and loved, so we partnered with farmers in the region to develop a premium, delicious Greek Extra Virgin Olive Oil for the US market.

As we began development, I became an olive oil sommelier and, in addition to learning more about what makes a delicious and healthy EVOO, discovered that the majority of the olive oils here in the US are not what they say they are. We decided to focus efforts on making an EVOO that is authentically Mediterranean, delicious to smell, taste, and cook with, and, above all, loaded with health benefits. This same ethos has permeated all of our product development since, even beyond EVOO.



#### Health and wellness first

Here at Kosterina, we value health above all things, and infuse this value into all of our content and product development.

When I started developing our EVOO, I was shocked at the rampant fraud in the olive oil industry. Did you know that over 69% of olive oil in US supermarkets is mis-labelled as extra virgin? When olive oil is not truly extra virgin, it is missing the polyphenol (antioxidant) content that makes it so healthy for us. Kosterina EVOO always has a polyphenol content 400 mg/kg or more at the time of harvest (you only need 55 mg/kg to be considered extra virgin).

In addition to developing quality, healthy products, Kosterina is all about content for living a healthy lifestyle. We encourage you to join us in our quest to live a little better everyday by signing up for our newsletter and following us in Instagram.